



beyond THE WALL

Contact details

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Directions: Thornham Walks is signed by brown tourist signs from the A140. Then follow Walled Garden signs. For satnav use postcode IP23 8EY.

Thornham Walled Garden is part of the Thornham Field Centre Trust, charity number 292229

beyond THE WALL

at Thornham Walled Garden

Activities on four days in August,
Mondays 2nd, 9th, 16th and 23rd,
from 10am to 3pm each day



Choose
three from
these activities
at a total cost
of £50 for
the day

gardening

conservation

walking for fitness

ICT/photography
(digital camera required)

drumming

music including singing
and Soundbeam



**FREE TASTER
WEEKEND**
to showcase the
August workshops

OPEN TO EVERYONE

24th and 25th July,
11am to 3pm

in conjunction with





Our purpose is to extend the current work of the Thornham Walled Garden which focuses on people over 16 with disabilities, offering a series of workshops outside term time.

The Suffolk Open Weekend on 24 and 25 July 2010 will showcase this work to the general public with the opportunity for them to join in the activities.



Our philosophy Beyond the Wall believes in connection, restoration and respect for one's self and the world we live in. Whether through creativity, working with or observing nature or a combination, we work on breaking down barriers and overcoming the resulting isolation by learning coping skills to then fulfil our aspirations.



Please complete and return this form to the address on the reverse so we can send you a registration form

(please note you do not have to register for the Suffolk Open Weekend)

name _____

address _____

phone _____

On the date of the event will you be over 18: yes no

Please indicate which of the workshops you wish to attend. You will only be able to attend THREE workshops on the day of the event. To deal with possible over-subscription please select FOUR of the following events. From this list you will be allocated the three events you will be able to participate in.

- gardening
- conservation
- walking for fitness
- ICT/photography
- drumming
- music including singing and Soundbeam

Please tell us the date of the event in August that you would like to register for.

2nd 9th 16th 23rd

The cost for the August events is £50 per day. Payment will be required along with a completed registration form which will be sent to you on receipt of this completed form.

Please return this completed form to the address on the back of this form.

You may also register your interest by e-mail or by phone (please see the contact details).

Places are strictly limited so please return this form as soon as possible.