



Thornham Walks

The 12 miles of waymarked footpaths within the Thornham Estate wind through beautiful countryside taking visitors into ancient parkland, woodland, farmland and water meadows. The Walks also include a surfaced path suitable for pushchairs and wheelchairs which leads for half a mile to the Victorian Walled Garden, passing on your way the renovated hermitage and pets' cemetery.

Thornham Walks is signposted from the A140 near Eye. For details on public transport please contact the Public Transport Helpline on 08706082608.

For all enquiries and events bookings please contact the staff at:

Thornham Walks, Unit 16, Red House Yards, Thornham Magna, Eye, Suffolk IP23 8HH
 telephone 01379 788345 fax 01379 788008
 email thornham@midsuffolk.gov.uk
 www.thornham.org.uk

Thornham Walks may be closed occasionally between October and January.

Parking charges 2009

Monday to Saturday £1, Sunday and Bank Holiday £2

Do you come here often? If so, why not buy one of our annual passes, cost £25, concessions £15.

All income generated by the car parking charges goes towards the management of the Walks.

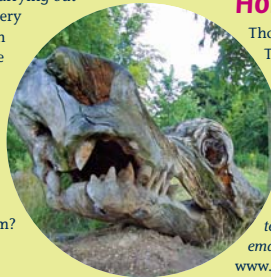
Also available to the public

- picnic areas are found at various locations around the Walks.
- tennis court is available for hire. Cost £3 per hour (please bring your own rackets and balls).
- environmental birthday parties Thornham Walks provides the activities whilst the Forge Tearooms can provide the food.
- volunteering Thornham Walks needs volunteers to help out with a variety of practical work and events. We can offer midweek and weekend volunteering. Every last Sunday of the month is volunteer day. Come and meet new people and learn new skills.
- information and advice The Countryside Officer and the Ranger can provide advice on a range of wildlife and conservation issues.
- electric all-terrain wheelchairs which enable people with disabilities to explore the Walks are available free of charge from near the Display Centre.
- guided walks and environmental activities for groups can be arranged. Please phone 01379 788345 for details.

Upper Waveney Valley Countryside Partnership (UWVCP)

In addition to the regular guided walks and children's activities included in this leaflet, the Partnership also works closely with local schools and supervises volunteers carrying out practical works in the Valley. There is a very popular picnic site near Scole village with surfaced footpaths down to the River, free fishing from wheelchair accessible platforms, and the famous Scole dragon sculpture.

Elsewhere along the Valley there are circular walks, cycle trails, a 26-mile horse-riding route, canoe launch sites and nature trails. Why not visit our new blog at upperwaveneyvalley.blogspot.com?
 telephone 01379 788008
 email upperwaveney@midsuffolk.gov.uk
 or visit www.discoversuffolk.org.uk



Thornham Field Centre

The Thornham Field Centre Trust provides environmental and outdoor educational opportunities for people of all ages and abilities. The Trust is dedicated to lifelong learning and access to nature, specialising in personal development through horticultural skills for people with disabilities and curriculum-based outdoor courses for children either daily or as residents.

The Field Centre also offers:

- Swedish style log cabins sleeping up to 28 people available for group hire.
- Two meeting rooms – one seats up to 100 people, the other 35.

For regular updates follow our blog on thornham.blogspot.com.

telephone 01379 788345
 email sarah@thornham.org.uk
 www.thornham.org.uk

Thornham Walled Garden Horticultural Project

Thornham Walled Garden, part of the Thornham Field Centre Trust, has been restored and redesigned to offer personal development through horticulture to people with disability, mental health problems or social disadvantage. It is open daily and has a small seasonal plant/produce stall.

We hope that visitors to the garden will make a donation of approximately £1 per person to help pay for maintenance and running costs of this Project.

telephone 01379 788700
 email karen@thornham.org.uk
 www.thornham.org.uk



Bird box project

The project is now in its eighth year, with over 200 boxes for barn owls, tawny owls, little owls and kestrels sited along the Upper Waveney Valley between Redgrave and Bungay. The boxes are made by volunteers and are open to sponsorship from the public to raise funds for materials, tools, etc. For more details call 01379 788008.

Beyond the Image Photographer's Gallery

International exhibition 1 May to 26 July 2009

Beyond the Pond: 30 photographic works by six American photographers

Mark L. Power, writer, critic and professor of photography (www.markpowerblog.com). Mark is a much acclaimed tutor and this is an unique opportunity to attend his tutorials at the gallery from 24 June to 4 July 2009

Open: Mar to Oct, 11am to 4pm, Fri to 2pm
 Nov to Feb, 11am to 3pm Sat and Sun
 info@beyondtheimage.co.uk www.beyondtheimage.co.uk



The Forge Tearooms

We are open seven days a week, all year:
 April to Sept 10am to 5pm, October to March 10am to 4pm;
 also open Fri & Sat evenings 6pm to 9pm (bookings only).

We will be tempting you with our varied menu, home cooked daily specials, wide selection of homemade cakes and Sunday roasts. We also cater for birthday parties, group bookings and buffets. We are fully licensed.

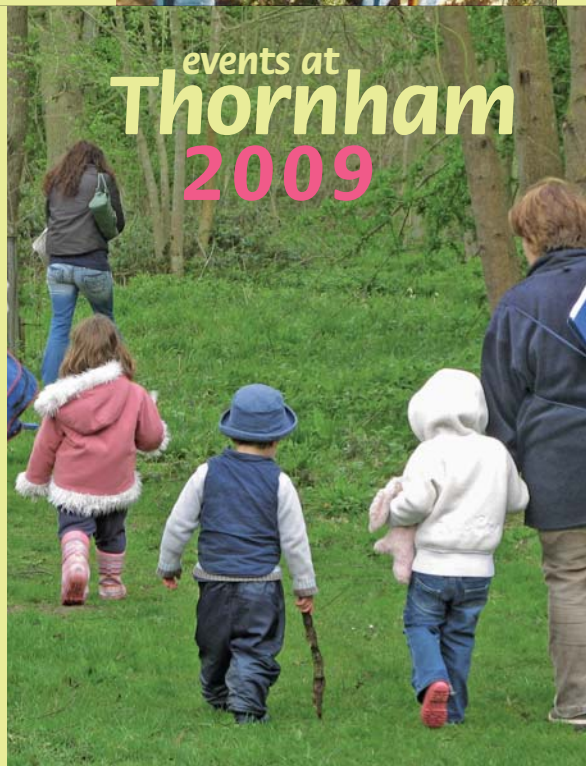
telephone 01379 783035 email theforgetearooms@aol.com

Thornham Hall and The Old Coach House

In the centre of the Thornham Estate, the Hall and The Old Coach House offer accommodation and delicious food. The accommodation at the Hall has five Tourist Board Diamonds. Casual dining along with a Thornham walk are popular in summer and winter. Wedding parties and house parties are welcome.

Thornham Hall
 Open all year telephone 01379 783314
 www.thornhamhallandrestaurant.com

The Old Coach House
 Open Thursday to Sunday 10 to 3 for coffee, home made cakes and light lunches. See website for special evening events. Available for private hire. WiFi facility for business meetings and working lunches.
 telephone 01379 783373 www.thornhamcoachhouse.co.uk



Welcome Witamy مرحبا Sveiki

If you would like this document in another language or format, or if you require the services of an interpreter, please contact us.
 Jeżeli chcieliby Państwo otrzymać ten dokument w innym języku lub w innym formacie albo jeżeli potrzebowaliby pomoc tłumacza, to prosimy o kontakt z nami.
 إذا اردت هذه الوثيقة بلغة أخرى أو بطريقة أخرى، أو إذا كنت بحاجة إلى خدمات مترجم، فمجرد أن تقوم بالاتصال بنا.
 Jei pageidautate gauti šį dokumentą kita kalba ar kitu formatu, arba jei jums Reikia vertėjo paslaugų, kreipkitės į mus.

☎ 0845 6 066 067

country access, education and opportunity

Thornham

www.thornham.org.uk



Thornham Walks is managed in partnership with Mid Suffolk District Council, the Thornham Estate and Suffolk County Council



Thornham Walks is open throughout the year from 9am to 6pm or dusk in winter.
 Dogs are welcome but please keep them on a lead.
Thornham Walks, Thornham Magna, Eye, Suffolk IP23 8HH



january

Volunteer day Pond clearance

SUNDAY 25TH
Join Thornham Walks volunteer team for a day of conservation work, tasks vary according to season. Tea and biscuits provided.
START 10am FINISH 3.30pm MEET Thornham's main car park **FREE**

Volunteer days are on the last Sunday of each month except December

Weekend inspiration – introduction to bats

SATURDAY 31ST Enjoy a morning of illustrated talks and workshops with the Bat Conservation Trust. This course is aimed at those who are new to bats and would like to know more. There will also be an opportunity to find out how to get more involved with bat conservation. This event is part of the Bat Conservation Trust's Count Bat Project. For more information, visit www.bats.org.uk or www.bats.org.uk/countbat.
START 10am FINISH 2.30pm MEET Thornham's main car park **COST** free
Minimum age 16 **BOOKING ESSENTIAL** please call 01449 724633



february

Bat box building

MONDAY 16TH Joint activity with UWVCP
Come and have a go at building your own bat box. Finished boxes can be purchased for £3.
START 2pm FINISH 4pm MEET main car park **COST** children £3, accompanying adults free

march

Bird ringing

SUNDAY 8TH Join Sid Batty, our resident bird ringer at our bird hide to see close up some of the regular visitors to the feeders. Bring binoculars and a camera.
START 10am onwards MEET Bird hide **COST** free

Night hike

FRIDAY 13TH Come for a walk on Friday the 13th through the dark woods of Thornham and discover how good your night vision really is! We will be finding out what creatures live their lives during the nighttime hours.
START 7pm FINISH 9pm MEET main car park **COST** £3 per child

Willow weaving workshop: make your own pea cone
SUNDAY 22ND Tony Carter, a local basket maker, will be guiding you through the art of making a willow pea cone.
START 9.30am FINISH 12.30pm MEET main car park **COST** adults £30, Key Card holders £25 **BOOKING ESSENTIAL** call 01379 788345

april

Willow weaving

SATURDAY 4TH Bring your children along to have fun and make delightful creations using willow. All materials provided. We will be running two separate sessions: morning and afternoon.
START 10am–12pm and 2pm–4pm MEET main car park **COST** £8 per child, £6 Key Card holders **BOOKING ESSENTIAL** please call 01379 788345

Easter egg trail and Easter bonnet competition

SUNDAY 12TH Come and join Thornham in the Easter Sunday activities. Don't forget to bring your homemade Easter bonnets.
START 2pm FINISH 4pm MEET main car park **COST** children £3, accompanying adults free

The Secret Castle UWVCP event

SUNDAY 19TH APRIL Visit a little know Norman motte and bailey castle owned by the National Trust on this 7 mile circular walk into the quiet Norfolk countryside.
START 10am FINISH 1pm MEET Homersfield Bridge Picnic Site **COST** free



may

Dawn chorus

SUNDAY 3RD Join the Thornham Walks staff on an early morning walk to hear the wonderful sound of the dawn chorus. Bring binoculars and wear stout footwear and warm clothes. Why not treat yourself to a cooked breakfast at the Forge Tearooms after the walk? This can be booked by phoning 01379 783035.
START 4am FINISH 7am MEET main car park **COST** adults £3, children £1



South and Heart of Suffolk Walking Festival, 9 to 25 May 2009

For more information of all walks taking place during the Festival please contact the Mid Suffolk Tourist Information Centre 01449 676800 or visit www.southandheartofsuffolk.org.uk

Bird walk

SUNDAY 17TH Take a stroll through the Thornham Estate's beautiful woodlands and farmland, we will be spotting, identifying and learning the different birds and their calls. All abilities welcome. Please wear suitable footwear and clothing and bring your binoculars.
START 2pm FINISH 5pm MEET main car park **COST** adults £3, children £1

Mid Suffolk Meander UWVCP event

SUNDAY 24TH A guided walk along an 8 mile section of the Mid Suffolk Footpath from Hoxne to Thorndon with a lift back to the start. The route passes through Eye and some typical Suffolk scenery. **Booking essential, numbers limited.**
START 10.30am FINISH 2pm MEET Hoxne Village Hall **COST** free

june

Wildflower Walk

SUNDAY 14TH A gentle stroll through various habitats on the Thornham Estate, identifying and talking about the wildflowers we find on the way. We will be talking about how best to identify each species and whether they have medicinal uses.
START 1pm FINISH 4pm MEET main car park **COST** adults £3, children free



july

Pond dipping for all the family

SUNDAY 12TH Come and discover how many animals live in our ponds.
START 2pm FINISH 4pm MEET main car park **PER FAMILY** £7, Key Card holders £4 **BOOKING ESSENTIAL** please call 01379 788345

Butterfly walk

SUNDAY 19TH Join Thornham Walks and the Suffolk branch of the Butterfly Conservation Society in a walk around the Estate in search of these beautiful insects. The event will start with an illustrated talk on the butterflies of Suffolk and how to identify them.
STARTS 1pm FINISH 4pm MEET main coach park **COST** adults £3, children £1



Build a bug

MONDAY 27TH Joint activity with UWVCP
Join the Rangers at Thornham for a bug-hunt ... then it's back to base to build bugs from natural materials and recycled bits and bobs. Bring some bobs and bits, if you have any spare.
START 2pm FINISH 4pm MEET main car park **COST** children £3, accompanying adults free

august

Willow weaving

MONDAY 3RD Bring your children along to have fun and make delightful creations using willow. All materials provided. We will be running two separate sessions: morning and afternoon.
START 10am – 12pm and 2pm – 4pm MEET main car park **COST** £8 per child, £6 Key Card holders **BOOKING ESSENTIAL** please call 01379 788345.

Bat evening

FRIDAY 7TH Bob Greef will give a talk on bats, followed by a walk in search of these nocturnal creatures. Wear suitable clothing and bring a torch and a bat detector if you have one.
START 7.30pm FINISH 10pm MEET main car park **COST** adults £3, children £1

Scarecrow building Joint activity with UWVCP

MONDAY 10TH
Join the staff at Thornham and make your own scarecrow. Please bring your own old clothes for the scarecrow.
START 2pm FINISH 4pm MEET main car park **COST** children £3, accompanying adults free

Water powered rockets

MONDAY 24TH Joint activity with UWVCP
An afternoon of water powered rocket building at Thornham. Please bring a 2 litre plastic lemonade/cola bottle.
START 2pm FINISH 4pm MEET main car park **COST** children £3, accompanying adults free



september

Willow weaving: make your own basket

SUNDAY 13TH Tony Carter, a local basket maker, will be guiding you through the art of making a willow basket.
START 10am FINISH 5pm MEET main car park **COST** £45, Key Card holders £35 **BOOKING ESSENTIAL** 01379 788345

A Stroll in the Saints UWVCP event

SUNDAY 13TH Explore the remote countryside around the Saints villages on this 7 mile circular walk from St Peter's Hall, home to St Peter's Brewery, near Bungay.
START 10am FINISH 12.30pm MEET St Peter's Brewery **COST** free



october

Archaeology walk

SUNDAY 4TH Mike Hardy, local archaeologist, will be leading a walk around the historical Thornham Estate.
START 1pm FINISH 4pm MEET main car park **COST** adults £3, children £1

Fungi forage

SUNDAYS 11TH and 18TH Spend the day with Jonathan Tyler collecting, identifying and learning about these strange flowerless plants.
START 10am FINISH 4pm MEET main car park **COST** adults £20, Key Card holders £12 **BOOKING ESSENTIAL** 01379 788345



Autumn in the Valley UWVCP event

SUNDAY 11TH A 5½ mile guided walk in the Upper Waveney Valley along part of the Angles Way visiting Roydon Fen, Wortham Ling and the largest round-tower church in the country.
START 10am FINISH 12.30pm MEET Fair Green, Diss **COST** free

Apple Day Half term activity

Joint activity with UWVCP
MONDAY 26TH Join in the fun as we celebrate Apple Day. Try apple bobbing and other apple games. Try the taste test as we sample local apples – but don't eat too many!
START 11am FINISH 3pm MEET Thornham's Walled Garden **COST** children £3, accompanying adults free

november

Quiz and chip night Joint activity with UWVCP

TUESDAY 3RD A quiz with a wildlife theme. Please bring your own drink. Fish and chips are included in the entrance price. Teams should be no larger than four people.
START 7.30pm FINISH 10pm MEET main car park **COST** £6 per entrant

Sky at night: the Autumn night sky

FRIDAY 13TH Come stargazing with the Breckland Astronomical Society. The evening will start with a talk, followed by a look at the night sky to see some of the stars and planets. In the event of a cloudy night the talk will still go ahead. Bring a torch, binoculars and telescope and wear warm clothes.
START 7pm FINISH 9pm MEET main car park **COST** adults £3, children £1

december

Christmas folklore and carols

SUNDAY 20TH A short walk to explore Christmas folklore. The walk finishes at Thornham Magna Church for carols mince pies and punch. Please bring a torch for the walk back to the car park.
START 2pm FINISH 5pm approx MEET main car park **COST** adults £3, children £1



This symbol indicates an activity which is especially suitable for children.

