

## PLEASE BRING CLIP BOARDS



### INTRODUCTION

These notes are designed to help you enjoy and make the most of your visit to Thornham Field Centre.

**Please make sure that the lead teacher accompanying the group has a copy of these notes and of your booking form.**

### ARRIVAL AND WELCOME

See the location map on our website [thornham.org.uk](http://thornham.org.uk)

Please ask the coach driver to park in the coach park opposite the main entrance, this has now been extended and resurfaced. Teachers' cars can park outside the cabins. You will be met by one of our tutors and taken to the cabins and given a short talk on safety, fire drill, meal times etc. Please leave any unpacking and room allocation until after the first teaching day has ended to maximise teaching time.

### BEDDING

Please bring a sleeping bag, pillow case and towels.

### EQUIPMENT/CLOTHING

Please ensure that suitable clothes and footwear are worn. Wellies if possible, or at least old trainers and some dry shoes to change into. Long trousers are recommended to protect from brambles etc. Appropriate clothes for the weather conditions; warm hat and coat for winter, sun hat, sunscreen for summer. You may like to bring some games; balls, bats etc to play during the evenings on the grassy area outside the cabins. There is a tv in the cabins, but no Aerial, so it doesn't receive programmes, but plays videos and DVDs, so do bring some with you for the evenings if you would like to.

### PAYMENT

We will invoice you after your visit.

### PACKED LUNCHES/GREEN ISSUES

Please read our note on low impact packed lunches for your day of arrival.

### RISK ASSESSMENTS

Please download risk assessments from our web site.

### TIMING

Residential groups normally arrive at about 10.00 a.m. on the first day, please make sure arrival and departure times are put on the booking form. Your Thornham tutor will be with you until 4.00 p.m. You will have about 1 hour for lunch.

### CHOICE OF COURSES

If you are unsure about what to do or unsure of timings, please speak to our staff. Although we make every effort to provide the courses which you have chosen, we may have to make adjustments, particularly if we are advised that there are adverse weather conditions expected.

### CLIMATE CHANGE

We hope to teach all groups coming to Thornham how to reduce their **carbon footprint**. This includes turning off lights, shutting doors, turning off taps and recycling. There are boxes for your rubbish which can be recycled in the cabins.

### GLOBALISATION

Our courses have a global perspective where possible, those achieving this are marked with a globe on our course list.

### HEALTHY LIFE-STYLES

Thornham tutors wear pedometers and measure how far a school group walks at Thornham, this may provide a chance to talk about walking to improve fitness.

**DEPARTURE**

To enable the cleaner to prepare the cabins for the next group, please have your bags packed and ready by breakfast time on the last day. You will be given a key for the shed outside the cabins (Bag End) Please put all your bags, equipment etc into Bag Eng before you begin the last day of teaching. You will be able to collect your luggage at the end of the day, but not to return to the cabins. You will be able to use the toilets by the Field Centre buildings before you leave and throughout the day.

**GIFT SHOP**

There is a small gift shop by the Forge Café which sells souvenirs, small presents etc. You will be able to arrange a suitable time for shopping if you would like to with the people in the café who run the shop.

**EVENINGS**

The Estate is open to visitors daily from 9.00 a.m. to 6.00 p.m. Please ask if you would like information about public footpaths you can use in the evenings.

**INFORMATION PACK**

Please download the information pack for residents 2008 from our web site (10) documents and make sure all relevant people have read them.

**FURTHER INFORMATION**

Please telephone the Field Centre office for any other information you need on 01379 788345  
(New phone number)